**Calprotectin (Kalprotektin) in faeces**

You have been requested to collect a stool (faeces) sample.

PLEASE, READ ALL INSTRUCTIONS CAREFULLY BEFORE STARTING

**Before you start:**

- **CALEX Cap tube**
- **White cap**
- **Sample holder with liquid buffer**
- **Sample collecting stick**

**Please note:**

- The CALEX Cap tube can be stored at room temperature before use. If the CALEX Cap tube is stored at a lower temperature it must be allowed to reach room temperature before use.

- **DO NOT** remove the blue cap from the CALEX Cap device at any stage.

- The white cap on the CALEX Cap device is designed to open an lock only once. **DO NOT** test it before use.

- It is recommended that stools (faeces) from the first bowel movement of the day is used as it is likely to contain the highest concentration of calprotectin.

- Use a clean container (for example a paper plate och toilet paper) for the stool collection.

- If you accidently spill the any liquid from the CALEX Cap device request a new device.

- Make sure that the device is labelled with your date of birth (personnummer) and write the date for sample collection on the device.

- Take the sample to the Primary Care Clinic (Vårdcentral) or laboratory as soon as possible (within 24 hours).
Using the CALEX Cap Device

1. Hold the CALEX device with the white cap pointing upward. Remove the sampling pin by simultaneously turning clockwise and pulling up the white cap.

   **DO NOT AT ANY STAGE UNSCREW THE BLUE CAP.**

2. Dip the sampling pin into the feces and twist before removing. Repeat this process three to five times in different places in the sample so that the grooves are completely filled.

3. Replace the sampling pin into the CALEX tube and push firmly into the locking position. (You will feel and hear two clicks).

   *Keep the sample in the fridge 2-8 °C until you take it to the Primary Care Clinic (Vårdcentral) or laboratory.*